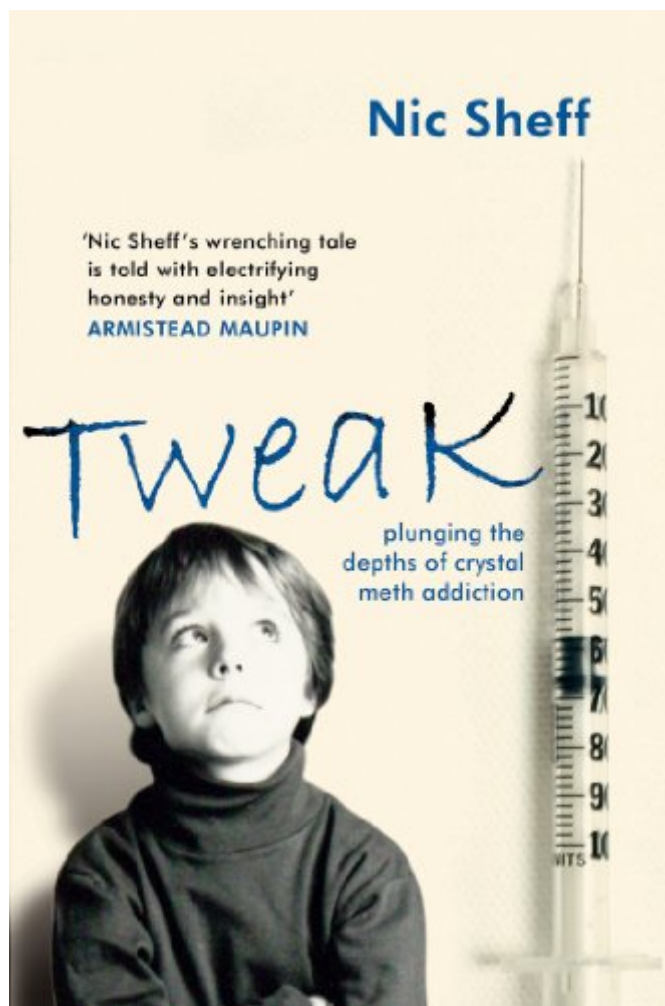


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# Tweak: Growing Up On Crystal Meth



## Synopsis

'It was like being in a car with the gas pedal slammed down to the floor and nothing to do but hold on and pretend to have some semblance of control. But control was something I'd lost a long time ago.' Nic Sheff was drunk for the first time at age 11. In the years that followed, he would regularly smoke pot, do cocaine and ecstasy, and develop addictions to crystal meth and heroin. Even so, he felt like he would always be able to quit and put his life together whenever he needed to. It took a violent relapse one summer to convince him otherwise. In a voice that is raw and honest, Nic spares no detail in telling us the compelling, heartbreaking, and true story of his relapse and the road to recovery. He paints an extraordinary picture for us of a person at odds with his past, with his family, with his substances, and with himself.

## Book Information

File Size: 1022 KB

Print Length: 368 pages

Publisher: Simon & Schuster UK (December 11, 2012)

Publication Date: December 11, 2012

Language: English

ASIN: B00ADN034C

Text-to-Speech: Not enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #648,773 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #10

inÂ Books > Children's Books > Growing Up & Facts of Life > Health > Substance Abuse #288

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## Customer Reviews

This book pulls no punches. Nic Sheff gives a vivid account of his time as an addict. From the baseball-sized infection he gets in his arm as a result of using a dirty needle, to the tricks he turned to finance his habit, Nic walks the reader through his drug use and spares few details. His style is

conversational and easy to read but it is unnerving how blasphemous he can be about his experiences with a drug addiction that repeatedly ruined his life. If you are looking for a book that gives a raw account of drug addiction, I would recommend Tweak. If you are easily offended by explicit details regarding sex and drugs, you might want to pass.

I read Beautiful Boy written by Nic Sheff's dad about 4 years ago. Wonderful story, really felt the love and the pain that David Sheff and his family went through during the years that Nic Sheff was using meth. Decided to read Nic Sheff's book to learn about meth from the perspective of the user, the thought process about why one would want to try this particular drug, given that it is the most addictive and deadly drug out there, and what it takes to stop using. Could not put this book down. Wonderfully written. A very courageous man to be as honest as he was in the book. I would recommend the book for every parent of teens anywhere.

I first read Beautiful Boy by David Sheff, Nic's father. I was really glad I did because Nic's book paralleled the events David wrote about. This well-written book was at times difficult to read, especially when Nic describes his descending back into his addiction, the incessant lies to hide his addiction, and the horrific descriptions of the injecting of meth. It is one of the most in depth books I have read relative to drug use. Nic Sheff is a talented story-teller. He is insightful, courageous, and gives an honest account of his journey to be clean and sober. Well worth reading this book.

Couldn't wait to keep reading this book due to the way Nic described all of the things he went through. Amazing writer that can make the reader feel as though they are in the situations that he was in. For someone who has dealt with addiction or with someone struggling with addiction, this book is eye opening into their side of the epidemic. Definitely a must read!

Fast Shipping. Excellent quality product. Highly Recommend.

Nic, thank you for baring your soul in this book. My sons drug addiction hit me like a ton of bricks. I would have never predicted it, he had always been my best son. I have never felt so lost and so powerless. Your writing has helped me to understand addiction and hopefully how I can help him. He's like you, he's like someone with his skin turned wrong side out with all the nerve endings exposed. He feels things more than the rest of us and he has no defenses and no way to cope.

Excellent, powerful book for family members who are conflicted with a friend or loved one in addiction. It is written by a recovered meth addict but could be helpful with any addiction. It shows how addiction takes over your life and why it is such a horrible problem. The companion book is written by his father, Beautiful Boy. Very, very helpful also. I read them both and helped me so much.

Great Read. I was given this book to read as an assignment for a Criminal Justice class toward earning my Bachelor's Degree. This was a great book to read for my Drug Education class and I highly recommend it for not only Criminal Justice students, but any college students, high school student as well as parents. Nic Sheff is a very captivating writer and I am looking forward to read the book that his father wrote regarding his experience with Nic. Great book!!!

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